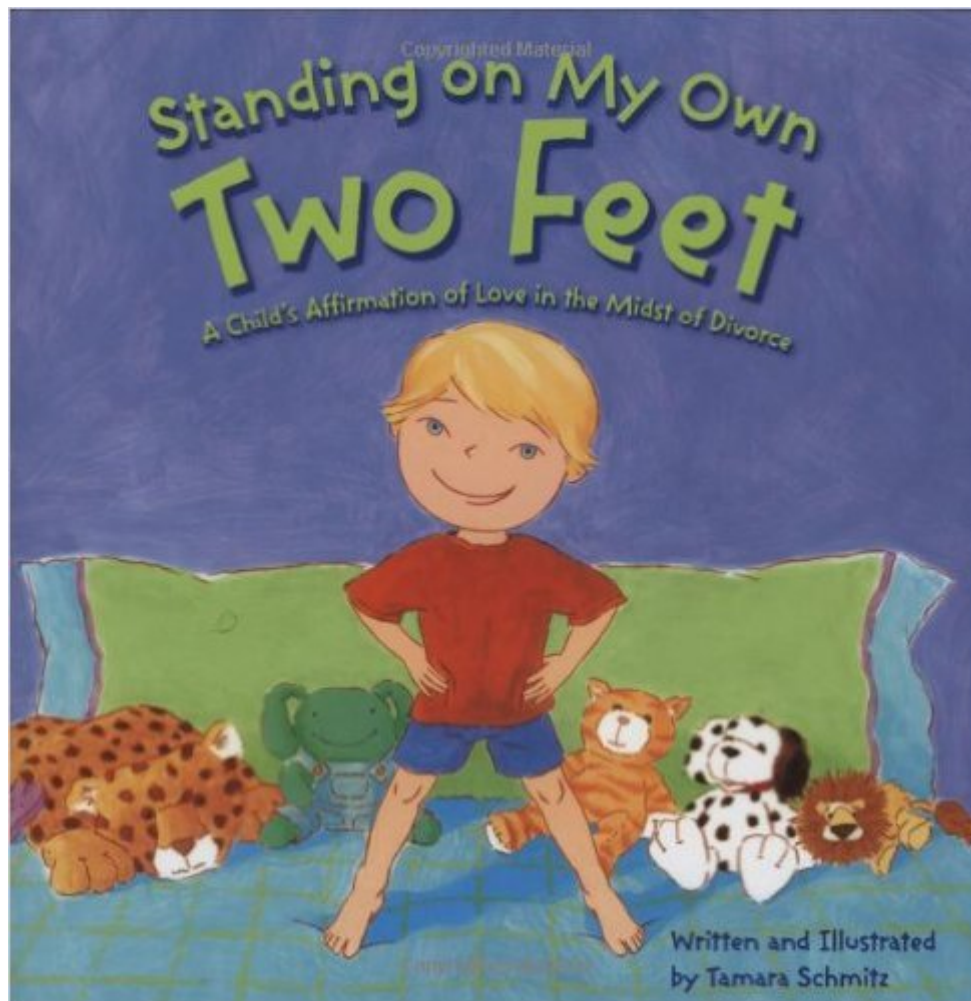


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# Standing On My Own Two Feet: A Child's Affirmation Of Love In The Midst Of Divorce



## Synopsis

Addison is a regular kid whose parents are going through a divorce, but he knows that no matter what happens, his parents will always love him. The text in this beautifully illustrated picture book is inspiring, gentle, and uplifting, and teaches kids that having two homes to live in can be just as great as having two strong feet to stand on.

## Book Information

Hardcover: 32 pages

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Product Dimensions: 9.3 x 0.3 x 9.3 inches

Shipping Weight: 11.4 ounces (View shipping rates and policies)

Average Customer Review: 4.8 out of 5 stars [See all reviews](#) (48 customer reviews)

Best Sellers Rank: #48,794 in Books (See Top 100 in Books) #30 in [Books > Children's Books > Growing Up & Facts of Life > Family Life > Marriage & Divorce](#) #548 in [Books > Children's Books > Growing Up & Facts of Life > Friendship, Social Skills & School Life > Emotions & Feelings](#)

Age Range: 3 - 7 years

Grade Level: Preschool - 2

## Customer Reviews

I just bought this book as a special gift for a friend who has 2 young children and is going through a divorce. The dreaded questions in these cases that involve kids seem to be, a.) How is it going to affect the kids and, b.) How do you discuss it with them in the most supportive, least damaging way? In other words, how do you help them get through this, especially when you're dealing with your own depressing feelings about the divorce? This book provides a simple, clear way to explain to children that although their parents now live in separate homes, it is not their fault and they are still loved by both parents. They can still be strong, happy kids. The pages are really colorful with nice artwork. The wording is simple & straight forward. The message is one that every single child of a divorced family deserves to hear over and over again. It is NOT their fault. This book made a wonderful, sweet gift for a family who truly needed some positive inspiration. I think they will treasure it always. Now that I've read it, I plan to buy another copy for a family I just heard is going to get a divorce. It's so sad that divorce is all around, at least there is some help to get through it.

This is a really good book to help kids and parents alike.

Great find!! I purchased this book to help my 4yr old son during our family's divorce. I particularly liked that it is not skewed from either parent's point of view like some other books that I purchased. It focuses on how the child is not to blame for the changes going on and that both parents still love (& will always) love them.

I'm all for the power of positive thinking. It's nourishing - especially during complicated family times. Children don't have to be the victims of divorce. *Standing On My Own Two Feet* teaches simple lessons: that the divorce is not their fault, parents love you unconditionally, and emotional strength can be developed through positive thoughts. Kids perceive divorce completely differently than the adults in their lives. Sometimes on the outside they may look like they are going strong, but often on the inside they are muddling through. Make sure you provide access to bibliotherapy as part of their healing process. As a school counselor, I use this one quite a bit.

We bought this book for my son after he grew out of the right age for "Two Homes" and he really liked it, even though his parents had never been married so he didn't understand what "divorce" was. We actually ended up pasting some words over to make it about him as opposed to the character in the story because he liked it so much. I really like that it addresses the desire of children for their parents to live together in an honest way: "that probably won't happen". It also mentions that yes, sometimes the parents fight, but that the child doesn't have anything to do with it. It is hard for parents to walk the line between acknowledging that disagreements happen and inadvertently trying to sway the child to "their side". This gives the children and parents a way out of that predicament - "Yes we don't always get along. But it isn't because of you." Would recommend for kids ages 4-8.

I especially like this book because of its main theme is that divorce is not the child's fault. There is one page that says "sometimes my mom and dad don't get along, but it's not my fault". This is the only reference to parental disagreement, which I appreciated. (Other books I bought spent far too much time devoted to fighting parents). Also recommended: *Two Homes* by Claire Masurel

This is my three year old daughters favorite book about divorce. I think we read it almost once a week but it was more frequent when her dad and I first separated. It has a good sentiment and the

story talks about how the main character has two houses now and how even though he wishes things hadn't changed he knows he is still super loved still by both mom and dad and that it wasn't his fault. I say 'he' but my daughter is convinced that 'Addison' is a girl. Go figure. For our situation my ex and I are still best friends and get along great and co parent very naturally. But it was still really hard for my daughter to figure out why daddy doesn't live at home anymore and navigating getting used to his new apartment and everything that goes along with that. This book really focused on having two different living situations, and missing the parent you're not with, and still having both parents around for activities and parenting etc. So it fit will with what we needed. It's been a year and she's really adjusted well and this book really did help.

This is a fantastic book. My husband and I are currently separated, and it is hard to know what to say to my 2 1/2 year old son. He is sad, and does not understand what is happening. This book explains divorce in a way that is appropriate for toddlers or young children. The basic message is that their life is changing, that they have two homes (neither better than the other), that none of this is their fault, but most importantly, that both of their parents love them. It shows the child having fun with both Mommy and Daddy, it shows both Mommy and Daddy supporting their son as he plays soccer and goes to tae kwon do. It doesn't take sides, it doesn't make value judgements about parents or the situation, it just emphasizes love. I may not want to live with my husband anymore, but that doesn't change the fact that my son needs to know that BOTH of his parents love and cherish him, and that they will continue to do so no matter how they feel about each other. This book helps get that message across, and I think this is why my son asks me to read the book at least once a day.

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